

Grasslands National Park Suggested Itinerary
August 31 - September 3, 2026

August 31	Travel to Grasslands National Park (East Block) Distance from Brandon is 562 km Camp at Rock Creek Campground Set up camp and then do a hike and/or bike the paved 11 km Badlands Parkway, or whatever you wish to do. The East Block visitor center at the campground has maps and information (open until 6:00)
September 1	Pack up. Hike or bike, and then travel to the West Block by way of Val Marie. - The distance between campgrounds is 173 km. - The Grasslands National Park office/visitor center is in Val Marie. Camp at Frenchman Valley Campground, in the West Block (30 km from Val Marie) tonight and tomorrow night. Depending on how early/late we arrive, there may be time to explore.
September 2	Spend the day (and night) in the West Block. - There are 10 hiking trails listed on the Park's website, rated from easy to difficult, and ranging from 750m to 11 km in length. - There is also a 20 km (gravel) "ecotour" driving route that looks suitable for bicycles.
September 3	Pack up and return home. There would be time to hike before driving home, or maybe some or all might like to return to the East Block for further exploration, returning home later in the day.

For information about what the Park has to offer by way of hiking trails, camping facilities, and so on, here is a link to the Grasslands National Park website:

<https://parks.canada.ca/pn-np/sk/grasslands>

Please let me know any thoughts you have about this itinerary. I liked the easy-going Waterton experience, where everyone seemed to have the activity level that suited them best, and I hope this trip can be the same.

I wondered about whether it would be better to stay in one campground for the whole time, but the two blocks appear to be quite different. It would be nice to experience them both without doing a lot of driving back and forth, so moving camp once seemed to be way to do that. Nothing in this itinerary has to remain as it is, though, and I'd really appreciate the advice of more experienced Wilderness Club members. So, if you can see different ways of doing things that would work better for you, please do tell me!